

Canadian Nursing Students' Association
Ontario-Quebec Regional Conference 2016

BUILDING THE FUTURE:

INSPIRING THE NEXT GENERATION OF NURSES



September 30th— October 2nd, 2016 www.0QRC2016.ca





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| FRIDAY, SEPTE | MBER 30 th , 2016 | |
|---------------|--|--------------------------------|
| Time | Event | Location |
| 0900 – 1600 | Ontario & Quebec Regional Business Meet- ing | Ontario Nurses' Association |
| 1100 – 1155 | CONFERENCE REGISTRATION & CHECK-IN | Outside of Gala Room 107 |
| 1200 – 1240 | Finding Joy in Movement Presented by: Dr. Coralee McLaren, RN, MN, PhD Assistant Professor, Daphne Cockwell School of Nursing, Ryerson University and Adjunct Scientist, Bloorview Research Institute | Gala Room 107 |
| 1240 - 1250 | BREAK | |
| 1250 — 1330 | Nursing: An Adventure from the Bedside to Policy Presented by: Lisa Ashley, RN, CCHN(C), MEd Senior Nurse Advisor, Canadian Nurses Association and Consultant Level 2 at School of Nursing, University of Ottawa | Gala Room 107 |
| 1330 - 1340 | BREAK | |
| 1340 — 1440 | Untold Stories of ER Presented by: Alec Azaryev, RN, BScN Registered Nurse, Emergency Room, Mac- kenzie Health Hospital | Gala Room 107 |
| 1440 - 1500 | BREAK | |
| 1500 – 1545 | Your Role in Violence Prevention Presented by: Ontario Nurses' Association | Gala Room 107 |

| FRIDAY, SEPTE | MBER 30 TH , 2016 | |
|---------------|---|-----------------------------|
| Time | Event | Location |
| 1600 – 1900 | CONFERENCE REGISTRATION & CHECK-IN | Outside of Gala Room 107 |
| 1830 – 1930 | Cocktail Reception | Gala Room 107 |
| 1930 - 2100 | Opening Ceremony | Gala Room 107 |
| 2100 - 2130 | Live Charity Auction | Gala Room 107 |
| 2130 – 2200 | Silent Charity Auction | Gala Room 107 |
| 2200 — 0200 | Social Event (*Must purchase separately) Chocolate Tasting at Cacao 70 Party at Fiction | Varies |



| SATURDAY, OC | TOBER 1 st , 2016 | |
|--------------|--|-----------------------------|
| Time | Event | Location |
| 0800 – 0900 | CONFERENCE REGISTRATION & CHECK-IN | Outside of Gala Room 107 |
| 0900 - 0950 | OPENING KEYNOTE: Nursing Leadership Presented by: Kathy Sabo, RN, MHA Former (Retired) Senior Vice President, University Health Network and Executive Lead at Toronto Western Hospital | Gala Room 107 |
| 0950 - 1000 | BREAK | |
| 1000 – 1050 | BREAKING OUT OF YOUR COMFORT ZONE: PRE- PARING FOR YOUR SUCCESS | |
| Workshop | NCLEX-RN Exam Preparation Presented by: Dr. Pat Bradley, RN, MEd PhD, CNE Associate Professor and Coordinator, International- ly Educated Nurses BScN program, York University | Gala Room 107 |
| Workshop | Making the Most out of Nursing School: How to Position Yourself for Success! Presented by: Sarabeth Silver, RN, BScN Registered Nurse at Mount Sinai Hospital Orthopedics/Sarcoma Unit | 206 E/F |
| Workshop | Mindfulness and Self-Care Presented by: Dr. Jasna Schwind, RN, PhD Associate Professor, Daphne Cockwell School of Nursing, Ryerson University | 206 C/D |
| 1050 — 1100 | BREAK | |
| | | |



1100 – 1150 PUSHING BOUNDARIES: EXPANDING YOUR HO-

Panel Session New Graduates and Novice Nurses Panel: Insights

& Experiences on the NCLEX, Job Hunt, and Other

Gala Room 107

Room 206 C/D

Room 206 E/F

Topics

Panelists:

Mary Wei, RN, BScN

Registered Nurse, Emergency Department, Bramp-

ton Civic Hospital

Brooke Vickery, RN, BScN

Registered Nurse, Lakeridge Health Oshawa

Alec Azaryev, RN, BScN

Registered Nurse, Emergency Room, Mackenzie

Health Hospital

Moderator:

Michael Rix, RN,

Workshop International/Global Nursing

Presented by: Katia Wong, RN, MSc

Registered Nurse at Sherbourne Health Centre, Past Canadian Nursing Teaching Specialist

(Clinical Supervision) in Bangladesh

Workshop Santé des Hommes, Littératie en Santé et Pratique

Infirmière

Presented by: Dr. Margareth Zanchetta, RN, BScN,

MN. PhD

Associate Professor, Daphne Cockwell School of

Nursing, Ryerson University

Research Assistants:

Rachel Lam-Kin Teng, BScN Student Year 4 Marie E. Dumitriu, BScN Student Year 4

1150 - 1240 LUNCH & ART/ABSTRACT EXHIBIT Gala Room 107

1240 – 1330 BEYOND THE EDGE: USING YOUR MIND, HEART & SOUL

300

Panel Session

Caring for Individuals with Experiences of Violence

Gala Room 107

Panelists:

Dr. Annette Bailey, RN, BScN, MSN, PhD

Associate Professor, Daphne Cockwell School of

Nursing, Ryerson University

Dr. Janice Waddell, BScN, MA, PhD

Associate Professor, Daphne Cockwell School of Nursing and Associate Dean, Faculty of Communi-

ty Services, Ryerson University

Dr. Margaret M. Malone, RN, C-PHN, BAAN, BA,

MA. PhD

Associate Professor, Daphne Cockwell School of

Nursing, Ryerson University

Workshop Nursing at the ICU

Room 206 C/D

Presented by: Jennifer Reguindin, RN, BScN,

MScN, GNC(C)

Interprofessional Educator, Baycrest Centre for Learning, Research and Innovation in Long-Term Care and Registered Nurse at Coronary Intensive

Care Unit, Toronto General Hospital

Workshop Get Psyched – Life in the Psychiatric Emergency

Room 206 E/F

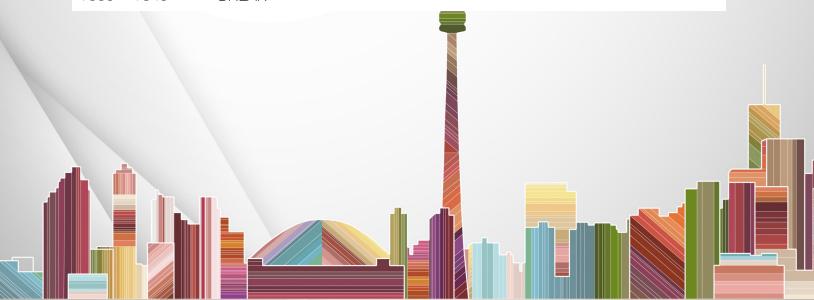
Department

Presented by: Alexandra Morra, RN

Registered Nurse at Oakville-Trafalgar Memorial

Hospital & St. Joseph's Healthcare

1330 – 1340 BREAK



1340 – 1410 NURSING SPECIALTY SESSIONS PART 1

Indigenous Session A: Gala Room 107

Health Aric Rankin, NP-PHC, MN

Nurse Practitioner, Aboriginal Health Centre

Correctional Session B: Room 206 C/D

Nursing *Shirley Kennedy, RN, MCYS*

Health Care Manager, Sprucedale Youth Centre Ontario Correctional Nurses' Interest Group

Oncology Session C: Room 206 E/F

Shari Moura, RN, MN, CON(C), CHPCN (C)
Clinical Nurse Specialist, Wallace McCain Centre

for Pancreatic Cancer, Princess Margaret Hospital

1410 – 1415 **BREAK**

1415 – 1445 NURSING SPECIALTY SESSIONS PART 2

Emergency Nurs- Session A: Gala Room 107

ing R.J. Edralin, RN
Emergency Department Nurse, Toronto Western

Hospital

Geriatric Emer- Session B: Room 206 C/D

gency Manage- *Marjorie Hammond, RN, MHScN*

ment (GEM) Clinical Nurse Specialist, St. Michael's Hospital &

Southlake Regional Hospital

Community Session C: Room 206 E/F

Health Health Promotion Specialist and Project Coordina-

Health Promotion Specialist and Project Coordinator for the RNAO Best Practice Spot-

light Organization Initiative at Toronto Public Health

Petrina Barbas, BHsc, BScN Student Year 3 Student Affiliate, Board of Directors, Community Health Nurses' Initiatives Group and Bachelor of

Science in Nursing Student, Ryerson University

1450 – 1500 **BRFAK**

1500 – 1530 NURSING SPECIALTY SESSIONS PART 3

LGBTQ+ Health Session A: Gala Room 107

Dianne Roedding, BScN, RN, DCS

Co-founder, Rainbow Nursing Interest Group & Community Health Centre Positive Space Advisory

Committee Member

Maternal Child Session B: Room 206 C/D

Nursing Dr. Angela Cooper Brathwaite, RN, MN, PhD

Adjunct Professor at the University of Ontario Insti-

tute of Technology

Pediatric Nursing Session C: Room 206 E/F

Marie-Lou Wilkins, RN, BScN, MEd

Pediatric Nurse at the Scarborough Hospital and

Clinical Instructor at Ryerson University

1535 – 1605 **WORKSHOPS**

Wolters Kluwer NCLEX-RN PassPoint Room 206 C/D

NCLEX Preparation

Legal Support and Nurses: Legal Risks Associated Room 206 E/F

with Social Media Use

Presented by: Amy L. Derickx, B. Jour. (Honours),

J.D.

Legal Advisor, Canadian Nurses Protective Society

1605 – 1615 **BREAK**

1615 – 1700 **WORKSHOPS**

Workshop Hurst Reviews Room 206 C/D

NCLEX Preparation

Workshop LGBTQ Cultural Competence for Nurses: The Room 206 E/F

Knowledge and Skills Nurses need to Advocate for

Respectful Care and Support of LGBTQ Clients and

Colleagues

Presented by: Dianne Roedding, BScN, RN, DCS Co-founder, Rainbow Nursing Interest Group & Community Health Centre Positive Space Advisory

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Committee Member

| 1700 – 1900 | Discover Toronto: Scavenger Hunt Please see Scavenger Hunt contest for more infor- mation | Varies |
|-------------|--|-----------------------------|
| 1900 – 1955 | Nightingale Gala Registration & Check-In | Outside of Gala Room 107 |
| 1930 – 2000 | Cocktail Reception | Gala Room 107 |
| 2000 – 2200 | Nightingale Gala | Gala Room 107 |
| 2200 - 0100 | Nightingale Gala Dance & Photobooth | Gala Room 107 |

| SUNDAY, OCTOBER 2 ND , 2016 | | | |
|--|-----------------------------------|------------------------|--|
| Time | Event | Location | |
| 0900 – 1000 | Exhibitor Registration & Check-In | Outside of Room 206 | |
| 1000 – 1400 | Career & Exhibitor Fair | Room 206 | |





ABOUT TORONTO 05





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OUR SPONSORS 08



Welcome from the CONFERENCE DIRECTORS

Dear Conference Attendees,

On behalf of the planning committee, we want to sincerely welcome you to this year's CNSA Ontario-Quebec Regional Conference. As nursing students of Ryerson University, we are grateful that our peers from across Ontario and Quebec are joining us here in Toronto. We hope that you will actively participate at the conference and explore our dynamic city.

This year's conference theme, Building the Future: Inspiring the Next Generation of Nurses, places an emphasis on empowering our future nurses with the tools, skills, and knowledge to deliver a positive impact in the healthcare field. We understand that as future nurses, we will be faced with a wide range of challenges in our healthcare system and in our community. Hence, it is our goal to inspire and motivate future nurses to not only be nurses, but to become future leaders, leaders of tomorrow who will bring positive changes to our healthcare system and to our society.

Planning this conference has been incredible adventure for all of us. We hope that you will enjoy this conference as much as we have enjoyed planning it. We hope that you leave this conference with an inspired mind that is ready to bring innovation and leadership to advance healthcare.

Betty Wang, Patricia Julian & Andy Mok Conference Directors

Welcome from the REGIONAL CONFERENCE

Dear Conference Attendees.

As the Planning Committee, we are delighted to welcome all conference attendees and delegates to Toronto, Ontario, for the 2nd Annual Ontario-Quebec Regional Nursing Conference that will take place from September 30th to October 2nd, 2016. This is Canada's largest annual event devoted to nursing students, and it will give participants a platform to network with industry leaders, discover novel opportunities, reacquaint with colleagues, meet new friends, and broaden their knowledge. The conference will be held at the Metro Toronto Convention Center, which is an award-winning, green-designed facility located in the heart of downtown Toronto.

Over the 8 months, we have been working diligently to plan a conference that is exciting for all attendees. We have created a program that includes a diversity of nursing topics relevant to healthcare professionals today. This brings a wealth of discussion, perspectives, and interests to a single location. We hope you take advantage of this opportunity and contribute, through presentations, discussion and interaction, to the development of new ideas and new directions in nursing and healthcare. In addition to the many workshops and nursing sessions, the conference organizing committee has coordinated social events including a chocolate tasting, a celebratory party night, and a gala with three course meal. It is our hope that you will leave this conference feeling inspired to lead change in our healthcare system.

All of the members of the Conference Planning Committee wishes you a fantastic conference experience and a memorable stay in Toronto. Welcome to Toronto! Bienvenue à Toronto!

Sincerely,

Ontario Quebec Regional Conference Planning Committee 2016

Welcome from the

INTERIM DIRECTOR - DAPHNE COCK-WELL SCHOOL OF NURSING, RYERSON UNIVERSITY

On behalf of the faculty and staff of the Daphne Cockwell School of Nursing, I bring greetings and a warm welcome to you. This year's CNSA conference has a very timely theme: "Inspiring the Next Generation". As nurses and members of a global society, we live in very dynamic times. Indeed, we can scarcely imagine the myriad of ways in which health care will evolve over your professional careers. However, we do know that all nurses will need strong analytical, innovative problem solving, and communication skills to meet the demands of all our tomorrows. All nurses, current and future, need to search for sources of inspiration to contemplate and create solutions that address the challenges that confront us. I applicately you for committing and dedicating the necessary time and resources to participate in this learning event. Engage, ask questions, discuss, challenge ideas and make new friends and colleagues. Then, I trust that this conference will complement your nursing education, inspire your ambitions, and launch you towards an enriching, professional life in which you individually and collectively shape healthcare for future generations: locally, nationally and globally.

All the best for a successful conference.

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Dr. Elaine Santa Mina

Interim Director,

Daphne Cockwell School of Nursing,

Ryerson University,

Toronto, Ontario.

CONFERENCE DIRECTORS



BETTY WANG

Conference Co-Director

Betty Wang is entering her final year of nursing at Ryerson University. She is a passionate student leader who is dedicated in promoting mental health and enhancing student experiences. Betty has served numerous leadership positions including the Ryerson Nursing Course Union, the Canadian Nursing Students' Association, and the Ryerson Students' Union. As the conference co-director, she is very excited to bring attendees innovative and engaging speakers and workshops. Her hobbies include: sketching, travelling, and backpacking. In the future, Betty is interested in working as a nurse practitioner in the community setting with a focus on mental health.



Patricia Julian

Conference Co-Director

Patricia Julian is a fourth year nursing student at Ryerson University. Patricia is passionate about advancing care for the elderly and has experience in research and program evaluation projects related to aging, dementia and nursing education. She has worked as a research assistant at Ryerson University and has completed a summer internship at the Baycrest Centre for Learning, Research and Innovation in Long-Term Care. Her goal is to advance the nursing profession by inspiring nursing students to pursue professional development and leadership activities. In her spare time, Patricia enjoys yoga, reading and watching musicals.



ANDY MOK

Conference Deputy Director

Andy Mok is a third year nursing student at Ryerson University. After completing a previous BSc degree from McGill University in Psychology, his inspiration is to make a positive impact in the Canadian healthcare system by advocating and advancing the recognition of mental health in society. Andy has worked as a research assistant at Ryerson University and was a former Canadian Army Cadet instructor. During his free time, Andy enjoys playing a variety of sports, cooking, and listening to music. He is currently the Men's team captain of the Ryerson Varsity fencing team and is hoping to help take home the OUA championship this year. Andy is looking forward to meeting everyone at this year's regional nursing conference and is excited to host the opening ceremony.

COMMITTEE CHAIRS



JAS SUEN

Registration & Sponsorship Co-Chair

Jas is a fourth year nursing student at Ryerson University. After completing a year of community nursing studies, she is now passionate about incorporating health promotion and capacity building initiatives into her future nursing practice and also enjoys discussing ethical issues in health care. She aspires to be an emergency room nurse or labour and delivery nurse. In her spare time, she spends time outdoors and has recently developed a love for jiu jitsu.



NIMA NUR

Registration & Sponsorship Co-Chair

Nima Nur will be entering her final year of nursing at Ryerson University this fall. Her professional interests include pediatric nursing, family-centered care, and nursing research. She is a dedicated student leader through her volunteer experience and extra-curricular involvement at organizations that serve vulnerable populations, focusing on advocacy and outreach. Nima hopes to further her education in a combined Master of Nursing-Nurse Practitioner program. In her spare time, Nima enjoys baking, photography, and running. Nima is excited to work alongside the rest of the planning committee to ensure that this year's regional conference is the most memorable yet.



SOPHIA WU

Career & Networking Chair

Sophia is entering her final year of nursing at Ryerson University and currently the CNSA (Canadian Nursing Students' Association) Official Delegate for Ryerson University. She is passionate about helping others in any shape or form and influencing and improving their social determinants of health. In her free time she is a patient concierge at a fertility centre. As the Director of Career & Networking she is excited to introduce students to all different possibilities of nursing. Her hobbies include snowboarding, hiking and sitting on the patio with friends. In the future she would like to work in ER (Emergency Room), OR (Operating Room), the military and to be part of Doctors Without Borders.

OUR COMMITTEE



JUDY LE Marketing & Communications Co-Chair

Judy Le is entering her fourth year of nursing at Ryerson University this fall. Some of her interests include exploring the city, poetry, and being a foodie. In the future, she would like pursue a career in Women's Health nursing, with an interest in marginalized populations such as immigrants and refugees.



CELINE YUMarketing & Communications Co-Chair

Celine is entering her fourth year of nursing at Ryerson University. She is currently working at the Ontario Nurses' Association as a Health & Safety researcher. She is the co-author of Beyond Limits: Ontario's Deepening Hospital Cuts Crisis, a research report that analyses the hospital funding policy in hospitals all across Ontario. She aspires to become an emergency or medical-surgical nurse after graduating, with the aim of pursuing a career as a nurse practitioner. Celine's interests include baking, travelling, and athletics, as she is an avid soccer player on two co-ed soccer teams. She hopes to share her passion of social justice and advocacy in order to empower the future generations.



CATHERINE TRAN

Charity Auction & Research Co-Chair

Catherine is entering her final year of Ryerson nursing this fall. Upon graduation, she aspires to be a cardiac nurse with future hopes of studying at the graduate level. While in school, she also works as a personal care attendant and volunteers at a children's hospice. During her pastime, she enjoys snowboarding, rock climbing and hiking. She hopes that her contribution will help inspire conference attendees in further developing their nursing careers.



CHRISTINA PULLANO

Charity Auction & Research Co-Chair

Christina Pullano is entering her fourth year of nursing at Ryerson University in the fall. She aspires to become a pediatric nurse practitioner, with the eventual goal of obtaining her PhD. Christina is currently exploring the area of pediatric palliative care through volunteer work. She is also elected as the 2016/2017 Policy and Political Action Officer for RNAO's Nursing Students of Ontario, and hopes to make a positive impact on the nursing profession through this role. Christina is extremely excited to be a part of the conference planning team, and she hopes that students will become further inspired about nursing through this conference!

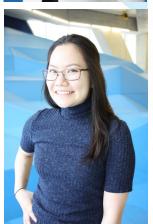
OUR COMMITTEE



ELLEN LEE

Preconference Co-Chair

Ellen Lee is a third year nursing student at Ryerson University. She has been greatly active for the past three years of her nursing education. She is passionate about student involvement and was greatly inspired after attending the 2016 CNSA National Conference as the Official delegate for George Brown Chapter. As being part of the OQRC planning committee team, she is extremely excited working with such an amazing team to make this conference the most remarkable experiences for all attendees. In her spare time, she enjoys connecting with others, exploring the city and trying new extraordinary things. She hopes her experiences can make a difference in others.



SANDRA NARCISO

Preconference Co-Chair

Sandra Narciso is a second year nursing student at Ryerson University. She was initially pursuing a degree in English at University of Toronto, but realized that her passion to help others outweighed her love for literature. Nevertheless, she spends her free time being a barista, reading books late into the night, and binge-watching 'How I Met Your Mother'. As this year's pre conference co-chair, Sandra strives to develop her professional identity as a nursing student. Her goal is to inspire current and future nursing students to extend beyond their role as students and become advocates.



LAUREN LOVOLD

Programs & Publication Co-Chair

Lauren Lovold is entering her third year of nursing at Ryerson University this fall. Prior to Ryerson she completed 4 years of Kinesiology at Wayne State University. She is the co-chair of the Ryerson Interprofessional Student Association which reflects her interest in the promotion and education of interprofessional collaboration. Lauren feels this dynamic of practice is highly influential in the community setting, especially in regards to the aging population. She plans to return to northern Ontario to pursue a career in working within the community healthcare setting. Lauren enjoys playing hockey, cross-country biking, and travelling.



PETRINA BARBAS

Programs & Publication Co-Chair

Petrina Barbas is entering her third year of nursing at Ryerson University this fall. She holds a previous degree from Western University in Health Studies. During her studies at Western, she discovered her interests in influencing health at the policy level and advocating for improvements in the social determinants of health. She feels that she can make the greatest impact working as a future nurse in the community setting with marginalized populations. With her experiences as a Research Assistant at Ryerson, she also plans to pursue graduate studies in nursing. In her spare time, Petrina enjoys discovering new coffee shops in Toronto and somehow manages to mention she is Greek in every conversation she has with people.

OUR COMMITTEE



SASHA PAIS

Social Events Co-Chair

Sasha Pais is a third year nursing student, recently transitioned to Ryerson after being Associate Delegate and Official Delegate at Centennial College's CNSA. This is her third regional CNSA conference and has used her experiences to make this conference the best one yet. Her goal is to spread awareness about CNSA and its benefits as it has introduced her to new and interesting people, and increased her awareness about exciting opportunities after graduation. She encourages everyone to participate in the social events as it is the perfect time to destress and explore Toronto! Sasha is passionate about makeup, food, animals, and Jon Snow.



BILLY QIAN

Social Events Co-Chair

Billy Qian is entering his second year of nursing through the collaboration program at Centennial. After being an associate delegate for the Canadian Nursing Student Association (CNSA) at Centennial College, he was able to see how beneficial this organization was to all nursing student across Canada. Billy is very passionate about what he sets his mind to. He is a caring and an outgoing guy who loves trying new things. He is very enthusiastic to see what is to come in his nursing education in the next 3 years. Billy hopes everyone will enjoy the conference as much as he has organizing it!

Pre-conference SPEAKERS & WORKSHOPS

Friday, Oct 2, 2016

"If ever there was a time to follow your passion and do something that matters to you now is certainly that time"





DR. CORALEE MCLAREN, RN, MN, PhD

Assistant Professor, Daphne Cockwell School of Nursing, Ryerson University and Adjunct Scientist, Bloorview Research Institute

FINDING JOY IN MOVEMENT—PEDIATRIC NURSING

Dr. Coralee McLaren completed her undergraduate/graduate studies in Nursing at the University of Toronto, and worked as a Registered Nurse at the Hospital for Sick Children. Her award winning PhD dissertation focused on the relationship between children's movement and the physical environment. During her Post-doctoral Fellowship hosted jointly by Bloorview Research Institute and CanChild Centre for Childhood Disability Research, Dr. McLaren co-wrote and secured a CIHR funded grant aimed at developing synergies between dance, neuroscience, architecture and education. Combining postmodern theory with artistic and empirical methods, this research seeks to gain critical insights into the relationship between movement and cognition in children with diverse abilities and optimize their physical and social interactions at school. This work draws on Dr. McLaren's former career with the Toronto Dance Theatre and teaching experience at the associated School, York and Ryerson University Dance departments. Dr. McLaren is an Assistant Professor in the Daphne Cockwell School of Nursing at Ryerson University, and an Adjunct Scientist in the Bloorview Research Institute.



LISA ASHLEY, RN, CCHC ©, MEd

COMMUNITY HEALTH NURSING

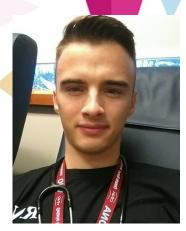
Lisa Ashley is a Senior Nurse Advisor at the Canadian Nurses Association. Her work at CNA includes advocating for healthy public policy that optimizes the role of the registered nurse. Lisa is also the Chair of the Chronic Disease Prevention Alliance of Canada (CDPAC).

As a longstanding Registered Nurse, Lisa has worked in leadership positions as a home health and public health professional at the local, provincial and national levels to address health promotion activities, disease prevention and management. She has extensive experience in healthy public policy, program development, corporate funding, organizational planning, financial and information management, mentoring nursing students, and stakeholder engagement through positions at the Canadian Nurses Association (CNA), on Board of Directors for provincial and national organizations, and Ottawa Public Health.

Lisa is an Academic Consultant Level 2 for the School of Nursing at the University of Ottawa. She has published on a variety of topics in national and international peer-reviewed and other journals. In addition to a BScN in community health from Ryerson University and a Master in Education from the University of Ottawa, Lisa has certification in Multiple Intervention Programming, Health Management, and is proud to be CNA certified in Community Health Nursing, a voluntary recognized credential for registered nurses licensed in Canada who meet specific nursing practice, continuous learning and testing requirements.

Lisa's long term goal is to improve health care in Canada by advocating for a sustainable health care system that maximizes community health, is functionally integrated, and easy to navigate.

Pre-conference WORKSHOPS



ALEC AZARYEV, RN, BSCN

Registered Nurse, Emergency Room, Mackenzie Health Hospital UNTOLD STORIES OF FR WORKSHOP

Alec graduated from Ryerson University in 2015. Since the third year of school, he has been involved in CNSA serving as a third year representative and later, a coordinator of education. He was also part of RyeSERT in his final year. He is currently working in the Emergency Departments at Mackenzie Health Centre. Alec's ultimate goal is to become a nursing officer in the Canadian Forces with the hopes of focusing on teaching. He strives to share his learning experiences and motivate students to develop more self-awareness and self-confidence.

Alec entered Emergency Department as a new grad, feeling overwhelmed and unequipped, with a lackluster of acute care experience. His first impression of it was: waves of ongoing new learning material, struggling with time management and refining assessment skills. The Untold Stories of ER workshop is comprised of several interesting cases he had come across during his first year as a nurse. He believes that real life scenarios do serve as one of the best learning experiences. He's excited to share those cases as close to the actual events as possible from the perspective of a novice nurse and hopefully give a few pointers to new grads seeking a career in the ER.

Pre-conference WORKSHOPS



Saturday Oct 1, 2016

WORK HARD. DREAM BIG.



DR. KATHY SABO

Senior Vice President University Hospital Network (UHN) & Executive Lead at Toronto Western Hospital (TWH)

NURSING LEADERSHIP



In her role, Kathy is responsible for providing senior operational and strategic leadership for all programs, clinical, diagnostic and support services at Toronto Western Hospital.

Kathy is a Registered Nurse with a Bachelor of Administrative Studies and Master of Health Administration. At UHN, Kathy has held various roles in operations and practice, including Director of Nursing at TWH, where she was responsible for the development and maintenance of professional nursing practice and standards. Prior to UHN, Kathy held progressive leadership positions at Humber River Regional and SickKids Hospitals. Her extensive experience at both academic and community based hospitals allowed her to lead

broad inter-professional health care teams through change and creating and implementing innovative approaches to program development, professional practice, leadership, patient care and service delivery.

KEYNOTE SPEAKER



WORKSHOP

DR. PAT BRADLEY, MEd, PhD, RN, CNE

Associate Professor and Coordinator of Internationally Educated Nurses BScN Program, School of Nursing, York University

NCLEX-RN EXAM PREPARATION

Oct 1 10:00AM-10:50AM Gala Room

Dr. Patricia Bradley has extensive teaching experience in Canada and the United States. She has taught in universities, colleges, and healthcare settings. Pat is currently an Associate Professor and Coordinator of the Internationally Educated Nurses BScN Program at York University. She has developed and delivered NCLEX RN workshops for faculty and students across Canada



SARABETH SILVER, RN

Registered Nurse at Mount Sinai Hospital Orthopedics/Sarcoma Unit

MAKING THE MOST OUT OF NURSING SCHOOL: HOW TO POSITION YOURSELF FOR SUCCESS

10:00AM-10:50AM Room 206 E/F

Sarabeth Silver is a registered nurse who graduated from the Ryerson Collaborative BScN program in 2013. Sarabeth practices in the orthopedic/sarcoma unit at Mount Sinai Hospital. Currently, Sarabeth is the Vice President of the Ryerson Nursing Alumni Association, the Policy and Political Action ENO for the Staff Nursing Interest Group of RNAO, and the co-chair of the unit practice council for the ortho/sarcoma unit. Sarabeth's pride and joy in her years as a nursing student at Ryerson was in creating and producing the first official Nurses Got Talent in 2011, which has continued on for five additional shows. In addition, Sarabeth's portfolio also includes several publications and speaking engagements to various nursing groups across the spectrum of students and nursing leaders. This past summer, Sarabeth completed the Advanced Nursing Leadership and Management certificate at Ryerson, and continues to build on her educational background as she began the Master of Nursing program at the University of Toronto this past September in the Health Systems Leadership and Administration stream.



DR. JASNA KRMPOTIĆ SCHWIND, RN, PhD

Associate Professor at Daphne Cockwell School of Nursing, Ryerson University

MINDFULNESS AND SELF-CARE 10:00AM-10:50AM Room 206 C/D

Dr. Schwind is an Associate Professor in the Daphne Cockwell School of Nursing, at Ryerson University, Toronto, Canada. Her program of research, by means of Arts-Informed Narrative Inquiry, focuses on reconstruction of experience of personal and professional self within professional and therapeutic relationships in nursing education and practice. Using the creative tool, Narrative Reflective Process, she explores humanness-of-care, which she defines as mindful presence with those in our care. This requires mindful awareness in the present moment with non-judgmental acceptance of self and others. Over the past twenty years Dr. Schwind has attended workshops, retreats and classes on various mindfulness practices, some of which she includes in her personal practice, with her students in teaching-learning situations, as well as in her research.





KATIA WONG, RN, MSC

Registered Nurse at Sherbourne Health Centre, Past Canadian Nursing Teaching Specialist (Clinical Supervision) in Bangladesh

INTERNATIONAL & GLOBAL NURSING

11:00AM-11:50AM Room 206 C/D

Katia Wong is a Registered Nurse on the Newcomer Health Team at Sherbourne Health Centre. In 2014-15, Katia served as a consultant for the CIDA/DFATD Human Resources for Health Project in Bangladesh as the Clinical Nursing Teaching Specialist in Clinical Supervision. She has worked in acute care HIV/AIDS, trauma/neurosurgery, community health/primary care and has served as a clinical nursing instructor in Canada and in Bangladesh. Katia was formerly the Co-director of the Canadian Society for International Health's MentorNet Program and is currently a mentor. She is also an executive of RNAO's International Nursing Interest Group. Katia holds a Master of Science in Global Health from McMaster University and a Bachelor of Science in Nursing from the University of Alberta.



JENNIFER REGUINDIN, BSCN, MSCN, GNC(C), RN

Interprofessional Educator, Baycrest Centre for Learning, Research and Innovation in Long-Term Care and Registered Nurse at Coronary Intensive Care Unit, Toronto General Hospital

NURSING AT THE ICU 12:40PM-1:30PM Room 206 F/F

Jennifer is an interprofessional educator for the Baycrest Centre for Learning, Research and Innovation in Long-Term Care and is certified in healthcare simulation and gerontological nursing. Previously, she was also an advanced practice leader – nurse, and served as a subject matter expert for the Ministry of Health and Long-Term Care's Long-Term Care Home Common Assessment Project.

An experienced staff nurse in the areas of intensive care, cardiac and medical-surgical, her roles included nursing management and education, for various Community Care Access Centre and Primary Health Care projects provincially.

Jennifer received her Bachelor of Science in Nursing from Ryerson University in 2002. While completing her Master of Science in Nursing degree from York University in 2007, she also served as one of their clinical course directors.



ALEXANDRA MORRA, BScN, RN

Registered Nurse at Oakville-Trafalgar Memorial Hospital & St. Joseph's Healthcare

GET PSYCHED – LIFE IN THE PSYCHIATRIC EMERGEN-CY DEPARTMENT

12:40PM-1:30PM Room 206 E/F

Alexandra Morra is a Registered Nurse with an immense passion for Mental Health. She graduated from the McMaster University Accelerated BScN Program in 2014. Alex currently works as a Crisis Clinician in the Emergency Department at Oakville Trafalgar Memorial Hospital, as well as Psychiatric Emergency Services at St. Joseph's Healthcare in Hamilton.

Alex personally suffers from mental illness, and has used her experiences from patient to practitioner to inform her practice and provision of care. She is the former Associate Delegate for the CNSA McMaster Chapter, and utilized her time with the CNSA to advocate for mental health wellness among nursing students and beyond. Alex has spoken about her journey in previous events such as the Ryerson Mental Health Summit and RNAO Region 7 Mental Health Workshop. Join her on a new endeavour as she dives into the daily life of a psychiatric emergency nurse and gives the breakdown of what happens during a Code Whitel



WORKSHOP

MARGARETH S. ZANCHETTA, RN, BScN, MN, PhD

Associate Professor, Daphne Cockwell School of Nursing, Ryerson University

SANTÉ DES HOMMES, LITTÉRATIE EN SANTÉ ET PRA-TIQUE INFIRMIÈRE

11:00AM-11:50AM Room 206 E/F

Margareth S. Zanchetta détient un doctorat professionnel et un doctorat en sciences infirmières. Elle est professeure agrégée à l'Université Ryerson (Faculté de services communautaires, école des sciences infirmières Daphne Cockwell) à Toronto, Ontario. Ses domaines et intérêts de recherché sont: la littératie en santé, l'interface culture, langage et la littératie en santé, la représentation sociale et transculturelle du cancer de la prostate, la santé des hommes, l'éducation populaire en santé, la santé globale, la santé des populations socialement désaffiliées et la vulnérabilité des minorités linquistiques.

Margareth S. Zanchetta holds a professional doctorate and a PhD in nursing. She is an associate professor at Ryerson University (Faculty of Community Services, Daphne Cockwell School of Nursing). Her research interests are health literacy, culture-language-health literacy, social/transcultural representation of prostate cancer, men's health, popular health education, global health, health of socialized disenfranchised populations, and health vulnerability of linguistic minorities.



MARIE E. DUMITRIU, BScN Student Year 4

Research Assistant, Daphne Cockwell School of Nursing, Ryerson University

SANTÉ DES HOMMES, LITTÉRATIE EN SANTÉ ET PRA-TIQUE INFIRMIÈRE

11:00AM-11:50AM Room 206 E/F

Marie Elisabeth Dumitriu est présentement dans sa 4e année d'études de baccalauréat en soins infirmiers à Daphne Cockwell School of Nursing. Elle travaille en tant qu'assistante de recherche volontaire avec Dr. Margareth Zanchetta depuis sa première année, car la recherche est un sujet d'intérêt pour elle, en particulier la recherche qualitative. Les projets de recherche sur lesquels elle a assisté Dr. Zanchetta portent sur la santé des hommes, en particulier en ce qui a trait à l'expérience de la maladie du cancer de la prostate.

Marie Elisabeth Dumitriu is currently in her 4th year of Bachelor of Sciences in Nursing at the Daphne Cockwell School of Nursing. She started as a volunteer research assistant with Dr. Margareth Zanchetta in her first year, as research has been appealing to her eversince, especially qualitative research. Research projects on which she assisted Dr. Zanchetta are about men's health, in particular on prostate cancer's illness experience.



WORKSHOP

RACHEL LAM-KIN TENG, BScN Student Year 4

Research Assistant, Daphne Cockwell School of Nursing, Ryerson University

SANTÉ DES HOMMES, LITTÉRATIE EN SANTÉ ET PRA-TIQUE INFIRMIÈRE

11:00AM-11:50AM Room 206 E/F

Hailing from the small island country of Mauritius, Rachel Lam-Kin-Teng is bilingual in French and English, and will soon start her fourth year at the Daphne Cockwell School of Nursing, Ryerson University. She has been working and volunteering as a research assistant since her first year. She has worked on projects related to the representation of men's lived experience with prostate cancer in the French media with Dr. Zanchetta and more recently with Dr. Zakus, researching students' habits with accessing news media. Working as a research assistant has broadened her views of the nursing field, at times pushing her beyond her comfort zone but ultimately helping in redefining and reinforcing her nursing identity.



AMY L. DERICKX, B. Jour. (Honours), J.D.

Legal Advisor, Canadian Nurses Protective Society

LEGAL RISKS ASSOCIATED WITH SOCIAL MEDIA USE

03:35pm-04:05PM Room 206 E/F

Amy Derickx is a Legal Advisor with the Canadian Nurses Protective Society, a not-for-profit organization created by nurses for nurses to meet the professional liability needs of registered nurses.

Amy has experience in a wide variety of areas within health law, including medical defence, professional liability, privacy, and professional discipline matters. Amy has appeared before the Ontario Superior Court of Justice, the Ontario Small Claims Court, the College of Physicians and Surgeons of Ontario, the Health Professions Appeal and Review Board, and the Ontario Human Rights Tribunal. Prior to joining the CNPS, Amy was an associate at a large national law firm where she practiced civil litigation exclusively in the area of medical defence.





DIANNE ROEDDING, BSCN, RN, DCS

Co-founder, Rainbow Nursing Interest Group & Community Health Centre Positive Space Advisory Committee Member

LGBTQ CULTURAL COMPETENCE FOR NURSES: THE KNOWLEDGE AND SKILLS NURSES NEED TO ADVOCATE FOR RESPECTFUL CARE AND SUPPORT OF LGBTQ CLIENTS AND COLLEAGUES

Dianne Roedding graduated from U of T Faculty of Nursing in 1974. She is a founding, and current, member of RNAO's Rainbow Nursing Interest Group (RNIG), serving as Co-Chair for 5 years. She was also active on the Public Health Alliance for LGBTTTIQQ Equity, a working group of the Ontario Public Health Association, facilitating Positive Space training in various Ontario communities. Four years ago, Dianne retired from Region of Waterloo Public Health where she participated on the Access & amp; Equity Committee and Regional Municipality of Waterloo's Dialogue on Diversity (LGBT). In retirement, Dianne continues to advocate for LGBTQ cultural competence in health care settings as a member of a Community Health Centre Positive Space Advisory Committee, and as a volunteer with Spectrum Waterloo-Wellington's Aging with Pride Committee, educating staff in senior serving organizations about the unique needs of LGBTQ seniors.

PANELISTS & MODERATO



MARY WEI, RN

Registered Nurse, Emergency Department, Brampton Civic Hospital

Ever since graduating from Ryerson University in 2015, Mary has been trying out some different roles Registered Nurses can have including those in nursing research, long term care, and hospitals. She has been taking continuing education classes at Humber College in order to increase her knowledge base and widen her competency areas. She currently works at Brampton Civic Hospital in the Emergency department and hopes to pursue a Master's degree some time in the near future. If you would like to connect with her, she can be found via LinkedIn under Lan (Mary) Wei.



BROOKE VICKERY, RN

Registered Nurse, Lakeridge Health Oshawa

Brooke is a new graduate RN from Ryerson University. She has been involved with CNSA since her first year of nursing school, serving as both an Associate Delegate and Official Delegate for the Centennial College Chapter (2012-2013, 2013-2014, respectively). She served as the Vice President for the RNAO Interest Group, Nursing Students of Ontario (2015-2016) and is currently the Membership Officer for the Maternal Child Nurses' Interest Group. Brooke is thrilled to be working at Lakeridge Health Oshawa in the Birthing Suite.



ALEC AZARYEV, RN, BScN

Registered Nurse, Emergency Room, Mackenzie Health Hospita

Alec graduated from Ryerson University in 2015. Since the third year of school, he has been involved in CNSA serving as a third year representative and later, a coordinator of education. He was also part of RyeSERT in his final year. He is currently working in the Emergency Departments at Mackenzie Health and Southlake Regional Health Centre. Alec's ultimate goal is to become a nursing officer in the Canadian Forces with the hopes of focusing on teaching. He strives to share his learning experiences and motivate students to develop more self-awareness and self-confidence.



MICHAEL RIX, RN, BScN

Registered Nurse

Michael Rix is an honors graduate from the Collaborative Nursing Degree program. He is a member of Sigma Theta Tau International and the current Student Liaison for RNAO's International Nursing Interest Group, and also served on Ryerson Senate as the FCS Undergraduate Representative. He was a member of the Aboriginal Education Council, a mentor with Ryerson's Tri-Mentoring Program, and worked as a research assistant for Dr. Lynda Atack and Dr. Josephine Wong. In the long term he is hoping to pursue further education to help him leverage research to advocate for progressive social policies related to homelessness, mental health, and addiction.

PANEL SESSION:

NEW GRADUATES AND NOVICE NURSES PANEL: INSIGHTS & EX-PERIENCES ON THE NCLEX, JOB HUNT, AND OTHER TOPICS

11:00AM-11:50AM Gala Room





DR. ANNETTE BAILEY, RN, BSCN, MSN, PhD

Associate Professor, Daphne Cockwell School of Nursing, Ryerson University

Dr. Annette Bailey is Associate Professor with the Daphne Cockwell School of Nursing, Ryerson University. She holds a PhD in Public Health Science. He research explores gun violence survivorship. Much of her research work is focused on understanding the grief and trauma experiences of adults and youth survivors of gun homicide. Accordingly, Dr. Bailey has explored the experiences of Black mothers who lost children to gun violence; as well youth who lost friends and siblings to gun homicide in Toronto. She also conducted a comprehensive key informant assessment with stakeholders across Canada to establish Canadian-specific evidence for policy development for gun violence survivors. She has established key collaboration with academics, community stakeholders, and policy makers in several countries, who are working to address gun violence. Her work has been disseminated widely through peer-reviewed journals, book chapters, international conferences, and within local community organizations, provincial government agencies, and in the Canadian House of Commons. Her research work has been recommended by Members of Parliament for informing Bill C-32, the Victims Bill of Rights.

DR. MARGARET M. MALONE, RN, C-PHN, BAAN, BA,

MA, PhD

Associate Professor, Daphne Cockwell School of Nursing. Rverson University

Dr. Margaret Malone, an Associate Professor, at Daphne Cockwell School of Nursing, Ryerson University, Toronto, Canada, is a feminist nurse sociologist and health promotion activist. Her extensive community health nursing experience informs her research, teaching, and community work. Margaret's teaching responsibilities in the undergraduate and graduate programs include community, population, and global health, with an emphasis on diversity and health promotion. Her program of research addresses violence against women and children, locally, nationally, and globally, with special attention to diverse at risk populations. Her theoretical work, which emerged from her research on the social construction of women's and men's experiences of marital separation and divorce, has lead to developing a critical social theory of gender, knowledge, and emotion.

Margaret co-leads the Nursing Centre for Research and Education on Violence Against Women and Children, at Ryerson University and, as a member of a Canadian Public Health initiative, Prevention of Violence Canada (POVC), has chaired the workgroup: Promoting social and gender equality and equity to prevent violence.

PANEL SESSION:

CARING FOR INDIVIDUALS WITH EXPERIENCES OF VIOLENCE

12:40PM-1:30 Gala Room

PANELIST.



DR. JANICE WADDELL, BSCN, MA, PhD

Associate Professor, Daphne Cockwell School of Nursing and Associate Dean, Faculty of Community Services, Ryerson University

Dr. Janice Waddell has been a faculty member at Ryerson University's Daphne Cockwell School of Nursing (DCSN) since 1991. She served as Associate Director for the DCSN from 2002 to 2007 and the Associate Dean for the Faculty of Community Services since 2007. Dr. Waddell is the recipient of the Usha George Faculty Recognition Award, the Registered Nurses Foundation of Ontario Life time Achievement Award, the Registered Nurses Association of Ontario Award of Merit, Ryerson University's Provost's Innovative Teaching Award; Canadian Nursing Students' Association Honourary Life Membership, the Donner/Bajnok Award of Merit for Research and the Gail J. Donner Award for Excellence in Education.

With degrees in Nursing and Psychology awarded by the University of Victoria, Alberta and York University respectively, Dr. Waddell's career features publication of three books and more than twenty refereed articles. Her teaching and learning research foci include career planning and development for nurses, with a particular emphasis on nursing students and faculty; factors influencing student engagement; enhancing the transition from student to registered nurse, curriculum development, new faculty development, mentorship and the scholarship of learning and teaching. In addition, Dr. Waddell's research has a focus on educational approaches to prepare nursing students to work effectively with women and children who have experienced violence. She is a founding member of both the Centre for the Advancement of the Scholarship of Teaching and Learning (CASTL) in the Faculty of Community Services and the Nursing Centre for Violence against Women and Children. She teaches and serves as a supervisor the thesis and non-thesis students in the DCSN Master of Nursing Program at Ryerson.

PANEL SESSION:

CARING FOR INDIVIDUALS WITH EXPERIENCES OF VIOLENCE

12:40PM-1:30 Gala Boom

NURSING SPECIALITY



DR. ANGELA COOPER BRATHWAITE, RN, MN, PhD

Adjunct Professor at the UOIT

MATERNAL CHILD NURSING

Angela has a PhD in Nursing from the University of Toronto and a Master of Nursing from the University of Manitoba. She has national and international experience and has held numerous leadership positions: Regional Manager in Public Health, Clinical Nurse Specialist in Mental Health, Assistant Professor and Director of Nursing in Acute Care. At present, she is an Adjunct Professor at the University of Ontario Institute of Technology and teaches Maternal-Child Nursing in the Undergraduate Program. Angela has received many awards. In 2007, she received The Distinguished Alumnus Award from UFT, RNAO Leadership Award in Political Action, RNAO Leadership Award in Nursing Administration and RNAO Award of Merit in 2012, 2013 and 2015 respectively. She has served as INIG President, Policy and Political Activity ENO for Durham Chapter and Board of Director: Member at Large Socio-Political (1996-1998) and Member at Large Nursing Research (2014-2016). She has conducted and published many Intervention Research and Qualitative studies in peer review journals. Her research interests are on culture, cultural competence, maternal-child, and chronic disease (diabetes).



RJ EDRALIN, RN

Emergency Room Nurse, Toronto Western Hospital

EMERGENCY NURSING

R.J. Edralin received his Bachelor of Science in Nursing degree at Ryerson University in 2011. His career as a Registered Nurse began with the Nursing Resource Team at the University Health Network (UHN) where he acquired clinical experience in various specialty units. These experiences paved the way to his current employment in the Emergency Department at Toronto Western Hospital, where he has been employed since 2012.

R.J. is an active member of his department with leadership roles in safety initiatives and frequently acts as a preceptor for new staff and students. While R.J. is very interested in emergency nursing, he is also passionate about palliative and end-of- life care. In 2014, R.J. was awarded an Innovation Fellowship from UHN to co-lead a quality improvement project with a Social Worker to improve palliative care in the Emergency Department using an inter-professional approach.

In addition to his clinical experiences, R.J. has also been employed in administrative capacities at UHN as a Coordinator of the Professional Nursing Practice Council and as a Project Manager within the Practice-Based Research and Innovation portfolio. R.J. is currently enrolled in the Master of Nursing program at Ryerson University on Leadership in Health Policy and Education.

NURSING SPECIALTIE



MAY TAO, RN, BSCN, MSN

Health Promotion Specialist and Project Coordinator for the RNAO Best Practice Spotlight Organization Initiative at Toronto Public Health

COMMUNITY HEALTH NURSING

May is a Health Promotion Specialist and Project Coordinator for the RNAO Best Practice Spotlight Organization Initiative at Toronto Public Health. Her interest is in evidence-informed practice, knowledge translation, and guidelines implementation. She has been participated in the RNAO Advanced Clinical Practice Fellowship building on leadership knowledge and skills. May is an executive member of the RNAO Toronto East Chapter, Board of Director of the Community Health Nurses; Initiatives Group and the Registered Nurses Foundation of Ontario, and member of the Sigma Theta Tau International Honour Society of Nursing. Her vision is to empower nurses in reaching their potential, cultivating excellence in nursing knowledge and practice, and shaping healthy public policy.



PETRINA BARBAS, BHSc, BScN Student Year 3

Student Affiliate, Board of Directors, Community Health Nurses' Initiatives Group and Bachelor of Science in Nursing Student, Ryerson University

COMMUNITY HEALTH NURSING

Petrina Barbas is entering her third year of nursing at Ryerson University this fall. She holds a previous degree from Western University in Health Studies. During her studies at Western, she discovered her interests in influencing health at the policy level and advocating for improvements in the social determinants of health. She feels that she can make the greatest impact working in the community setting with marginalized populations. She currently serves on the Board of Directors of the Community Health Nurses Initiatives Group (CHNIG) as the Student Affiliate. This position has allowed her to gain a richer understanding of the work of community health nurses, including their important role in shaping public health policy and advocating for system level enhancements. With her experiences as a Research Assistant at Ryerson, she also plans to pursue graduate studies in nursing and advance the nursing profession through research.

NURSING SPECIALITY



ARIC RANKIN, NP-PHC, MN

Nurse Practitioner, Aboriginal Health Centre

INDIGENOUS HEALTH

Aric Rankin is a Nurse Practitioner who works full time at the Aboriainal Health Centre, De daw da debs nye>s in Brantford, Ontario. In 2005, Aric completed his bachelor of Science in Nursing from the University of Windsor and has since worked in a variety of acute care settings including adult Surgical care, Paediatric Oncology and Paediatric Emergency. As a student, Aric was a CNSA Associate Delegate, Official Delegate, Co-National Conference Coordinator, and after graduation he volunteered as the CNSA Resource Officer. He is a proud lifetime member of the CNSA. Aric has a passion for working with marginalized populations, which has led him to work for over a decade in isolated northern Ontario First Nation communities as well as volunteer with other communities around the world including the Kingdom of Lesotho, Fijian Islands, Haiti and Australia. These experiences sparked Aric's interest to continue his educational journey. He completed his Nurse Practitioner Primary Health Care certificate in 2012 and a Masters in Nursina in 2013 from the University of Windsor. In Aric's spare time he volunteers with the Canadian Medical Assistance Team (CMAT) responding to worldwide natural disasters and he is currently a board member of the Register Nurses Association of Ontario (RNAO). Aric enjoys spending time with his beautiful wife, daughter and newborn son.



SHARI MOURA, RN, MN, CON(C), CHPCN (C)

Clinical Nurse Specialist, Wallace McCain Centre for Pancreatic Cancer, Princess Margaret Hospital

ONCOLOGY NURSING

Shari Moura is a registered nurse born and living in Toronto, Canada. Her nursing career spans over twenty years initially as a front line nurse in surgical oncology at Mount Sinai Hospital.

She was in the last graduating class of the RN diploma program at Ryerson in 1989, and continued on to complete her BScN at Ryerson University in 1991.

She is also a graduate of certificates in Nursing Management and Human Resource Management from Ryerson University. She completed her Master of Nursing at The University of Toronto, Lawrence S. Bloomberg Faculty of Nursing in 2004 and currently holds an adjunct position at the Lawrence S. Bloomberg Faculty of Nursing, University of Toronto.

Shari is currently serving as the Director-At-Large – External Relations for the Canadian Association of Nurses in Oncology (CANO). She developed for CANO the Special Interest Group for surgical oncology nurses. Shari has presented at provincial, national and international conferences on various topics related to oncology, cancer nursing and leadership.

Currently, Shari is the clinical nurse specialist at the Wallace McCain Centre for Pancreatic Cancer at Princess Margaret.

NURSING SPECIALITY



MARJORIE HAMMOND, RN, MHSCN

Clinical Nurse Specialist, St. Michael's Hospital & Southlake Regional Hospital

GERIATRIC EMERGENCY MANAGEMENT (GEM)

Marjorie Hammond has a BScN from McMaster University and MHScN from Charles Stuart University, New South Wales Australia. Additionally, she holds certificates in Western Medical, and Tradition Chinese Medicine Acupuncture. Marjorie's career has encompassed the full scope of the Advance Practice nursing evidenced by: participation in Nursing Research with the University of Toronto Faculty of Nursing inclusive of: The Acute Pain Study, The Chronic Pain Self-Management Program, The Chronic Angina Self-Management Study, and the Insomnia Methods study.

Some of Marjorie's multiple education roles have included: education programs for Registered and non-registered staff in geriatric pain assessment, pain management in Palliative Care, and Complex Continuing Acre, Complementary Holistic Health at Centennial College, CNA Rehab Nursing Certification, and University of Toronto Simon Chang Institute. APN leadership is evidenced by the implementation of new models APN such as: the GTA Rehab Network Fractured Hip project, and the MOH LTC Regional Geriatric Program (RGP) of Ontario Geriatric Emergency Management (GEM) Initiative.

Marjorie is one of only 8 pioneers CEM CNS's selected in the province of Ontario to collaboratively develop, and implement the CNS GEM role in 2004. Marjorie continues to practice at St. Michael's Hospital and Southlake Regional Hospital in the GEM CNS's role.



MARY LOU WILKINS, RN, BScN, MEd

Pediatric Nurse at the Scarborough Hospital and Clinical Instructor at Ryerson University

PEDIATRIC NURSING

Mary Lou Wilkins received her bachelor's degree from Ryerson University; her master's degree from the University of Central Michigan. Her capstone research focused on assessing nurses attitudes towards computerized documentation.

She has been a nurse for over 30 years. Her extensive clinical nursing experience spans multiple health care settings, including medical surgical, cardiology, perinatal, and in patient and out patient pediatric nursing.

Mary Lou Wilkins teaches in the collaborative nursing degree program for Ryerson University. She has been teaching for 12 years, the clinical component in year 2 which focuses on medical surgical nursing. She has been active with the RNAO for the last 10 years, joining several member groups.

NURSING SPECIALITY



SHIRLEY KENNEDY, RN, MCYS

Healthcare Manager, Sprucedale Youth Centre

CORRECTIONAL NURSING

Shirley Kennedy began her nursing career in 1980 as a community visiting nurse and then as an occupational health nurse in 1982. Her correctional nursing career began in the provincial system as a general duty nurse at Niagara Detention Centre in 1989. In 2005, Shirley transferred to Hamilton Wentworth Detention Centre as the nursing team lead and in 2011 took on the role of Health Care Manager. With the support of Hamilton Wentworth Detention Centre, Shirley enjoyed two wonderful secondment opportunities. At the College of Nurses of Ontario (2005-2009) Shirley held the positions of Complaints Committee Chair, Vice-President and President. At the Ministry of Health and Long Term Care, Shirley excelled as a Senior Policy Analyst with the Nursing Secretariat from 2009-2011. Shirley is currently the Health Care Manager at Sprucedale Youth Centre, a directly operated facility of the Ministry of Children and Youth Services. Shirley has been a member of the Ontario Correctional Nurses' Interest Group since its inception and currently serves as OCNIG's President.



DIANNE ROEDDING, BScN, RN, DCS

Co-founder, Rainbow Nursing Interest Group & Community Health Centre Positive Space Advisory Committee Member

LGBTQ+ HEALTH

Dianne Roedding graduated from U of T Faculty of Nursing in 1974. She is a founding, and current, member of RNAO's Rainbow Nursing Interest Group (RNIG), serving as Co-Chair for 5 years. She was also active on the Public Health Alliance for LGBTTTIQQ Equity, a working group of the Ontario Public Health Association, facilitating Positive Space training in various Ontario communities. Four years ago, Dianne retired from Region of Waterloo Public Health where she participated on the Access & amp; Equity Committee and Regional Municipality of Waterloo's Dialogue on Diversity (LGBT). In retirement, Dianne continues to advocate for LGBTQ cultural competence in health care settings as a member of a Community Health Centre Positive Space Advisory Committee, and as a volunteer with Spectrum Waterloo-Wellington's Aging with Pride Committee, educating staff in senior serving organizations about the unique needs of LGBTQ, seniors.





The City of Toronto's official motto is "Diversity Our Strength," which speaks both to the essence of the Greater Toronto Area and to its residents.

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1,200

There are 1,200 stores and restaurant in the PATH, North America's largest continuous underground network. With 30 km of walkway, PATH also connects 50 office towers, six subway stations, eight major hotels and Union Station.

T.O.

- Toronto has almost as many nicknames
- as it does neighbourhoods, and each
- carries the story of an era: today's nicknames are "T.O." (tee-oh), "T-dot" and the "6ix".

20,371

There are 20,371 intersections among the City of Toronto's 10,033 streets.

10,000

There are 10,000 theatrical performances in Toronto's 90 theatres annually, making the city the third largest English language theatre destination in the world, after New York and London.

9,000

Savour the city's unique culinary diversity at any of the over 9,000 restaurants across Toronto's neighbourhoods.





Join us at the Welcome Reception and Opening Ceremony where we will be hosting our Live Charity Auction and Silent Charity Auction.

All proceeds from our auction will be donated to Emily's House, Toronto's only hospice for children and families facing life-threatening illnesses.

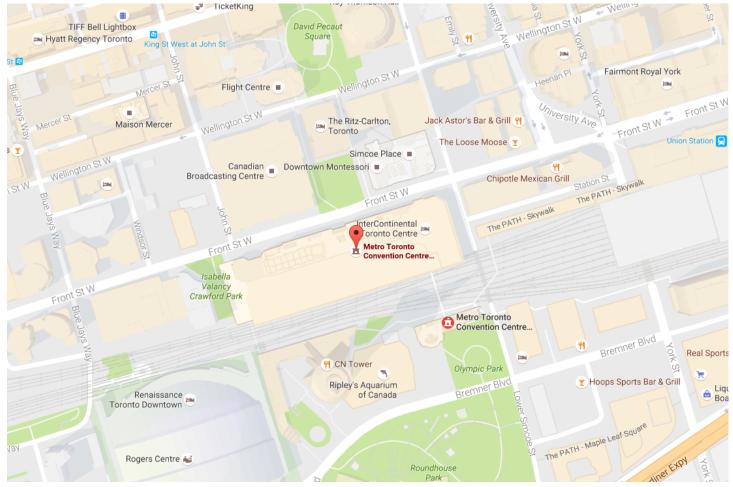


Emily's House is a special place for kids and youth. A place of compassion, care, comfort, laughter, learning and play. Featuring a homelike, comforting environment, Emily's House is dedicated to caring for children with complex needs while supporting their families. It is the first of its kind in the city and among 6 in Canada. Emily's House brings together high quality, respite and palliative care with the warmth and comfort of a child-focused environment that allows children and their families to have a home away from home for respite, pain and symptom management and palliative care.



MAPS & VENUES



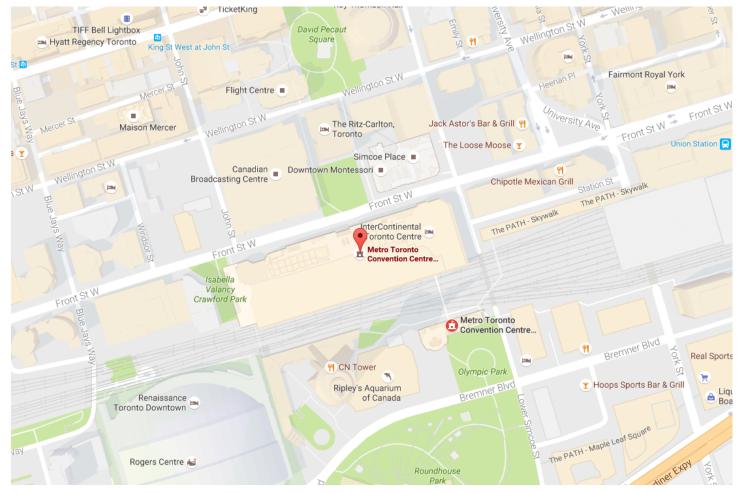


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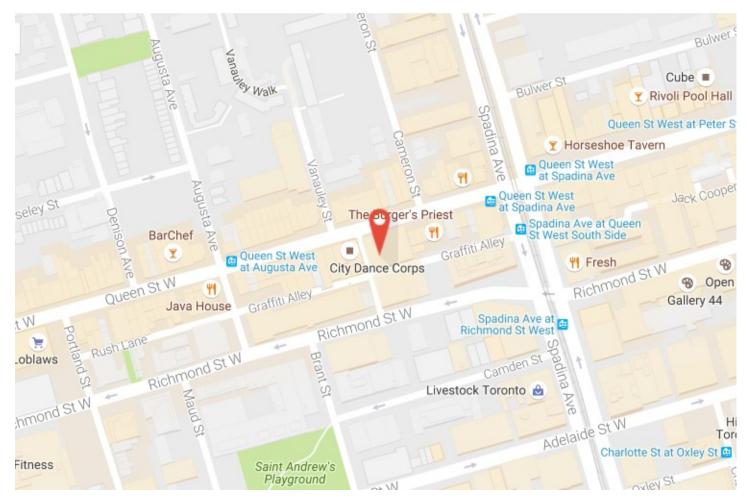


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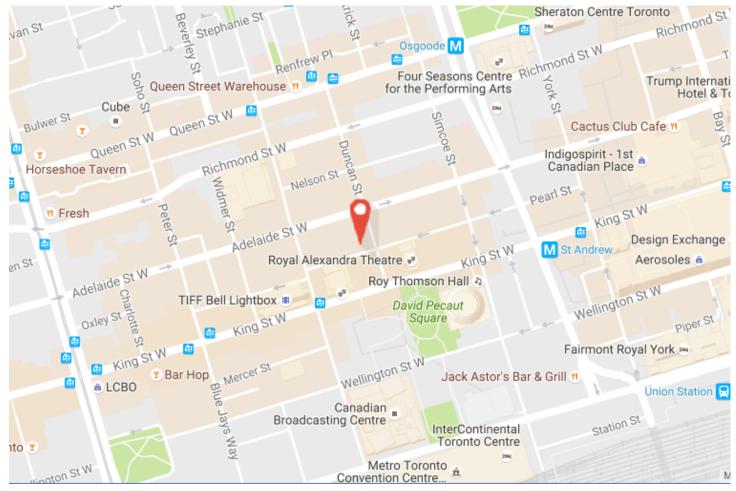


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Daphne Cockwell School of Nursing Faculty of Community Services

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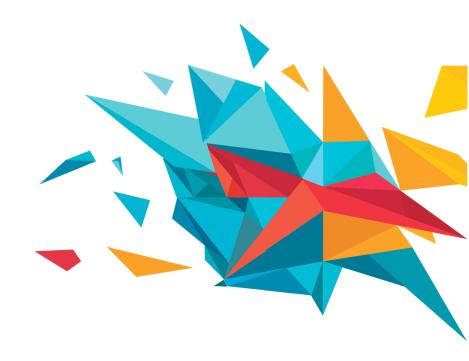


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NOTES

NOTES

School of Nursing



MNSc (Thesis) A two year full-time program focusing on nursing research examining populations with complex conditions, practice environments, and health care quality.

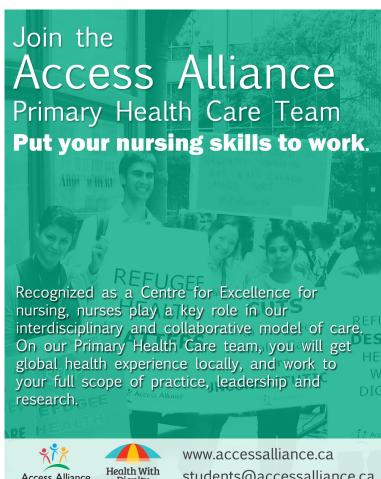
MN (Primary Health Care Nurse Practitioner (Non-thesis)) A two year full-time program that builds on a foundation of nursing knowledge and clinical expertise to prepare for advanced practice in a variety of primary health care roles.

Primary Health Care Nurse Practitioner Diploma A one year full -time or two year part-time program for individuals who have an undergraduate nursing degree and have already completed a master's degree.

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Information:

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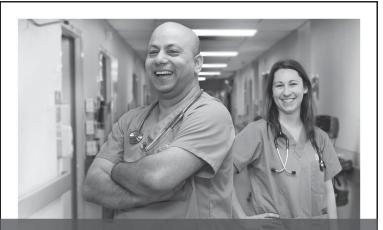




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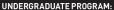


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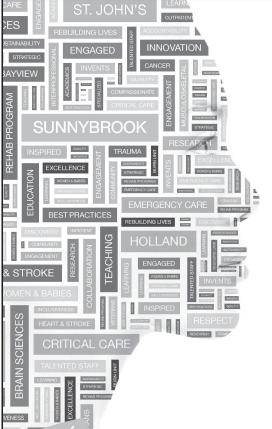
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